

# Yountville Wellness Fair



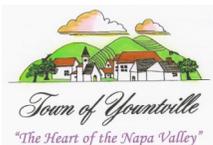
**Saturday,  
September 25th  
9am– 12pm**

**Yountville  
Community Center  
6516 Washington St.**

## Free activities will include:

- Blood Pressure Checks
- Fitness Class Demo's
- Nutrition Information
- Physical Therapy Information
- Youth Health & Fitness
- Glucose Testing
- Back and Core Strength Demo's
- Tobacco Cessation
- Home Safety Information
- Stress Control Information

**This event made possible by community sponsors including...**



**Yountville  
Fitness & Health**



For more information log on to [www.townofyountville.com](http://www.townofyountville.com) or call 944-8712