



MEDIA RELEASE

FOR IMMEDIATE RELEASE

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Subject: Zumba offered with new "Tot Time" child care services

The Yountville Parks and Recreation department is pleased to announce a new and exciting way to fit a workout into your day with Zumba and Tot Time offered simultaneously, twice a week.

Beginning Wednesday, March 23, local child expert Kim Maykel will offer her skilled services with "Tot Time" in our kid friendly room attached to our new beautiful gymnasium, where our enthusiastic instructor Angie Bartholomeau will offer Zumba classes. These two programs will be offered together twice a week on Wednesday and Thursday at 9:00am to 10:00am. This will provide parents an opportunity to exercise while their children (18 months and older) will engage in a social setting supervised by an adult.

Zumba classes are offered for \$35/month for residents and \$40/month for non residents, and are offered Tuesday thru Thursday. Tot Time will be offered at a rate of \$5/child /hr and \$1/hr for additional children with in the same family on Wednesday and Thursday.

To find out more information on these programs and more, log on to www.townofyountville.com or call 944-8712.