

Town of Yountville  
 Parks and Recreation  
 6516 Washington St.  
 Yountville, CA 94599

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**PAID**  
 Yountville, CA 94599  
 Permit #2

Postal Patron Local

# Yountville Parks & Recreation

Fall Guide



Travel down the road to good health with us.

Photo courtesy of Mars Lasar [www.picsfrommars.com](http://www.picsfrommars.com)

**It's Free and Convenient!**



**RECYCLE FLUORESCENT BULBS & TUBES HERE**

**Don't trash your bulbs!**  
**It's illegal** — and can pose a risk to people and the environment.



¡No tires tus bombillas a la basura!  
**Es ilegal** — y puede representar un riesgo para la salud pública y el medio ambiente.

**RECICLA BOMBILLAS FLUORESCENTES**  
 Usar bombillas y tubos fluorescentes

- ✓ Ahorra Dinero
- ✓ Ahorra Energía
- ✓ Reduce Desechos

Estos centros reciclan solo bombillas y tubos de los hogares.  
 No se aceptan tubos de 8 pies ni bombillas de negocios.

**No 8 ft tubes or business waste!**

**Households only**  
 No business waste

- ✓ Saves Money
- ✓ Saves Energy
- ✓ Reduces Waste

**NOW AT 6 NEW LOCATIONS**

<p><b>CITY OF NAPA</b></p> <p><b>Central Valley Builders Supply</b>        1790 Soscol Ave; 257-8888</p> <p><b>Home Depot</b>  <small>COMPACT BULBS ONLY</small>        225 Soscol Ave, Napa; 251-0162        Ask for the Hardware Dept.</p> <p><b>Napa Electric</b>        2240 Brown St; 252-6611</p> <p><b>Orchard Supply</b>        3980 Bel Aire Plaza; 224-3410</p> <p><b>Office Depot</b>        211 Soscol Ave; 258-0280</p> <p><b>AMERICAN CANYON</b></p> <p><b>Hazardous Waste Collection Facility</b>        889A Devlin Road, American Cyn        800-984-9661        Every Fri &amp; Sat 9am–4pm</p> <p><b>Canyon Mailbox</b> <b>NEW!</b>        110 W. American Canyon Rd        707-557-7678</p>	<p><b>CALISTOGA</b></p> <p><b>Ace Silverado Hardware</b>        1450 Lincoln Ave; 942-4396</p> <p><b>Calistoga Fire Department</b>        1113 Washington St; 942-2840</p> <p><b>Clover Flat Landfill</b>        4380 Silverado Trail; 963-7988        Tues-Sat 9am–4pm; Sun 9am–3pm</p> <p><b>Vallarta Market</b> <b>NEW!</b>        1009 Foothill Blvd; 942-8664</p> <p><b>ST. HELENA</b></p> <p><b>Central Valley Builders Supply</b>        1100 Vintage Ave; 963-3622</p> <p><b>Steve's Hardware</b>        1370 Main St; 963-3423</p> <p><b>YOUNTVILLE</b></p> <p><b>Ranch Market, Too!</b> <b>NEW!</b>        6498 Washington St; 944-2662</p> <p><b>POPE VALLEY</b></p> <p><b>Pope Valley Market</b> <b>NEW!</b>        5850 Chiles Pope Valley Road        965-99322</p> <p><b>ANGWIN</b></p> <p><b>College Hardware</b> <b>NEW!</b>        15 Angwin Plaza; 965-7537</p> <p><b>RUTHERFORD</b> <b>NEW!</b></p> <p><b>La Luna Market &amp; Taqueria</b>        1153 Rutherford Rd; 963-3211</p>
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Sponsored by:




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**FOR ALL COUNTYWIDE RECYCLING LOCATIONS VISIT:**  
[www.NapaRecycling.com](http://www.NapaRecycling.com)

**Parks  
 Make  
 Life  
 Better!**

**August- December 2012**

Visit us online at  
[www.townofyountville.com](http://www.townofyountville.com)



**Town of Yountville Parks & Recreation**  
 6516 Washington St. Yountville, CA 94599  
 707.944.8712 parksandrec@yville.com  
 www.townofyountville.com

*Our mission is to offer healthy, cost effective and innovative activities for the community to enjoy.*

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**Have you joined Yountville's new neighborhood website?**

Stay connected with your neighbors & share information on a completely secure website that is just for Yountville residents.

Sign up today at [NEXTDOOR.COM](http://NEXTDOOR.COM)

**FAMILY FUN DAYS**  
**at Napa Valley Museum**

Second Saturday of Every Month at 2pm

**FREE**

Come to Napa Valley Museum for an afternoon of educational family fun! Whether we are cracking open geodes or making paper, the Museum is the place to explore the art, history, and environment of the Napa Valley.



**NV**  
 NAPA VALLEY MUSEUM  
 55 Presidents Circle, Yountville, CA 94599  
 707.944.0500  
 www.NapaValleyMuseum.org

**Fall-Winter Open Gym Basketball Schedule**  
**Sept. 1 - Dec. 31**

Monday-Friday 8am - 8:30am 16+  
 Tuesdays 5:00pm - 8:00pm 16+  
 Wednesday 5:00pm - 9:00pm 16+  
 Fridays 2:30pm - 4:00pm All Ages  
 Sundays 10:45am - 2:00pm All Ages

**Fall - Winter Open Gym Ping Pong Schedule**  
**Sept. 1 - Dec. 31**

Monday & Tuesday 12pm - 4pm 16+  
 Friday 9:30am - 12pm 16+

**\$5 drop in or \$40/annual pass valid from July 1, 2012 - June 30, 2013**

Schedule is subject to change.  
 Please call 944-8712 to check availability.

**HOW CAN I SIGN UP FOR PROGRAMS?**

- Come visit the Community Center, Monday-Friday from 7:30am-5:30pm to sign up in person.
- Download our registration form at [www.townofyountville.com](http://www.townofyountville.com) and email to [parksandrec@yville.com](mailto:parksandrec@yville.com) or fax it to 707.944.1596
- Download the registration form and mail it to 6516 Washington St. Yountville, CA 94599

**SAVE THE DATE**

**Yountville School Foundation**

**Texas Hold 'Em Poker Tournament**

October 19th - Yountville Community Center

Log on to [www.fundyountville.com](http://www.fundyountville.com) for more information and to register.



### Cache Creek

Enjoy a fun day of play and a lovely luxury bus ride to Cache Creek Casino. Registration fee includes transportation, \$10 match play and \$5 food vouchers.

**Date:** Wednesday, October 10  
**Time:** 10:00am - 4:00pm  
**Fee:** \$30/\$26 Resident Discount  
**Deadline:** Sept. 21 @ 3:00 pm



AND

**Date:** Wednesday, November 7  
**Time:** 9:30am - 4:30pm  
**Fee:** \$30/\$26 Resident Discount  
**Deadline:** Oct. 19 @ 3:00pm

### Lion King

Experience the phenomenon of Disney's THE LION KING. Marvel at the breathtaking spectacle of animals brought to life by award-winning director Julie Taymor, whose visual images for this show you'll remember forever. Thrill to the pulsating rhythms of the African Pridelands and an unforgettable score including Elton John and Tim Rice's Oscar-winning song "Can You Feel The Love Tonight" and "Circle of Life." Let your imagination run wild at the Tony Award-winning Broadway sensation Newsweek calls "a landmark event in entertainment." San Francisco's most eagerly awaited return will leap onto the SHN Orpheum Theatre stage this November. We will depart the Community Center at 11:30am. We welcome you to have lunch on your own before the show begins at 2pm. No children under 6. Price includes ticket (Orchestra rows P-V), transportation, parking and refreshments on the bus).



**Date:** Sunday, November 18  
**Fee:** \$113/98 with Resident Discount  
**Time:** 11:30pm - 6:30pm  
**Deadline:** October 15 at 3:00pm

### Union Square Holiday Shopping



Holidays are coming and the city is filled with spectacular window decorations. Take the stress of traffic and parking and enjoy the holiday season with us on this very popular excursion. Register soon to reserve your spot! Fee includes transportation and snacks on the bus.

**Date:** Tuesday, December 11  
**Fee:** \$32/\$28 Resident Discount  
**Time:** 9:00am - 5:30pm  
**Deadline:** Nov. 19 @ 3:00pm

# Winter Wonderland Art & Gift Faire



November 3 ~ 10am - 5pm

November 4 ~ 9am - 3pm

Yountville Community Center, 6516 Washington St.



Don't miss this opportunity to get your holiday shopping done early. Over 40 booths with items including handmade jewelry, spa gifts, unique art and so much more!

All locally made!



For more information or to preview vendors, log on to [www.townofyountville.com](http://www.townofyountville.com)

**LABOR DAY  
WEEKEND BBQ  
ANNUAL YOUNTVILLE  
FOCUS FUNDRAISER  
SUNDAY,  
SEPTEMBER 2  
NOON-5PM**



# Get Out and About!

## S.F. Giants vs. Colorado Rockies

Join us for an evening trip to the beautiful home of the San Francisco Giants, AT&T Park. Bus will be leaving the Community Center at 5:15pm and game time is 7:15pm. Come cheer our World Series team to another victory. Fee includes transportation, ticket and refreshments on the bus.

**Date:** Wednesday, Sept. 19  
**Time:** 5:30pm - 11:00pm  
**Fee:** \$38/\$32 Resident Discount  
**Deadline:** August 31 @ 3:00pm



**Annual Blessing of the Animals  
October 14  
Veteran's Memorial Park  
4:00pm**

Blessing of the Animals



All restrained animals are welcome.

# Town Tree Lighting & Chamber Mixer

**Thursday, December 6  
5:30pm to 7:30pm**



Join the your honorable Mayor John F. Dunbar & Family and the Yountville Town Council to help us light the Town Tree. Special performance by Yountville Elementary School students and Peppernettes.

## Apple Hill

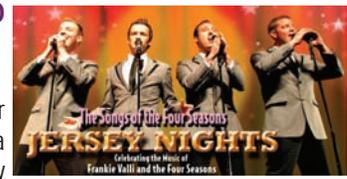


Back by popular demand! Come take a ride with us to apple country! Purchase your holiday pies and view hundreds of holiday arts and crafts.

**Date:** Tuesday, November 13  
**Time:** 9:00am - 5:00pm  
**Fee:** \$32/\$28 Resident Discount  
**Deadline:** Sept. 30 @ 3:00 pm



## Silver Legacy Reno Over night Trip



We are thrilled to offer this over night excursion! The trip will begin with a luxurious bus ride departing Yountville Community Center at 9:30am on Sunday, September 30 set to arrive in Reno, at approximately 12:30pm. Guests will then enjoy Sunday evening dinner and show "Jersey Nights"-- Celebrating the Music of Frankie Valli and the Four Seasons. Guests will be able to roam the city on their own before we depart from Reno at 3pm on Monday, October 1 to arrive back in Yountville around dinner time on Monday evening.

**Dates:** Sunday, Sept. 30, 9:30am - Monday, October 1, 6:00pm  
**Fee:** \$178/\$155 Resident Discount  
**Fee includes:** Luxurious bus ride to and from Reno, 1 night stay at Silver Legacy (Double Occupancy), refreshments on the bus ride, dinner and show ticket, casino cash and food tickets too!  
**Deadline:** September 14, 3:00pm

# Festival of Lights

**November 23  
2:00pm ~ 6:00pm**

**Free Event**

Washington Street & Yountville Community Center

Save the date for wine, food, entertainment, visit with Santa and more...  
visit [www.yountville.com](http://www.yountville.com) for more information

## Napa Valley Adult School - Yountville

A registration fee of \$50 per semester pays for unlimited Older Adult classes throughout the Napa Valley.  
 To enroll in these classes or for more information please call 253-3594  
 The semester is August 27th - December 14th

### Beginning Spanish Language & Culture for Seniors

Learn vocabulary, culture, games, recipes, and activities of Spanish speaking countries. Great for travelers and those wishing to converse with friends, neighbors and co-workers.  
**Day:** Wednesdays  
**Time:** 10:00am - 11:00am

### Life Writing Workshop

Create, write, read, share, and learn. All while being coached in a non-threatening atmosphere.

**Date:** Tuesdays  
**Time:** 1:00pm - 3:30pm



### Painting Mixed Media

Come explore the possibilities with watercolor or acrylic paints on alternative surfaces such as card stock, fabric, and wood as well as conventional surfaces such as canvas and water color paper.  
**Day:** Wednesdays  
**Time:** 9:00 am - 11:30am



### Fit for Life – Total Body Workout

Begin with a warm-up. Progress to stretching, strength training with hand weights and resistance bands and lower body toning. Individual adaptations encouraged. **No floor work. This class is geared toward seniors 55+**

**Days:** Thursdays  
**Time:** 11:30 am - 12:30 pm

### SAVE THE DATE

#### Adults Round Table Discussion

10:30am ~ Sept. 13, 2012  
 Yountville Community Center  
 Come and tell us how we can better serve you!



OCT. 27th, 2012 "RUN FOR YOUR LIFE" 5K FUN RUN AND WALK & HIGH HEEL DASH

Seriously. Run a 5K.  
 Not so seriously. . . In costume.  
 Not even remotely seriously. . . Party at the finish!

Running, walking, costumes, partying, giving. October 27<sup>th</sup> will be a night of charitable giving that individuals, families, groups and businesses will not forget. So much fun, you'll forget you're running.

Log on to [www.tugmcgraw.org](http://www.tugmcgraw.org) to register today!

## Halloween Harvest Festival

Free Event



October 27  
 4:00pm - 6:30pm  
 Yountville Community Center

Sponsored by Yountville Dentists  
 Dr. Boyd Dennington and Dr. Robert Hampton

Games, tattoo parlor, fortune telling and prizes!  
 Candy~free event!

# Hot Summer Movie Nights!

The Town of Yountville Parks and Recreation Department Hot Summer Movie Night series continues this fall! We invite you and your family to Yountville Community Park to watch these great movies! Bring a blanket, camping chairs, mini flash lights and loved ones to enjoy an evening under the stars watching a movie.

## Yountville Camp Out & Movie in the Park

### DOLPHIN TALE

Friday, August 25

Movie: Dolphin Tale

Time: Camp out Starts at 6:00 pm - Movie at dusk



**Sponsored by Yountville Elementary PTA**



### HUGO

Friday, September 14

Movie: Hugo

Time: Dusk

**Sponsored by Alvarez-Glasman & Colvin Lawfirm**

## Yountville Days ~ Movie Night

### CARS 2

Friday, October 5

Movie: Cars 2

Time: Dusk



**Sponsored by Yountville Elementary PTA**

For information on becoming a sponsor, please call 944-8712 or email [jcarvalho@yville.com](mailto:jcarvalho@yville.com)

# Napa Valley Adult School Programs

To enroll in these classes or for more information please call 253-3594 or log on to [www.adulted.nvUSD.k12.ca.us](http://www.adulted.nvUSD.k12.ca.us)

## Cardio Sports Core Circuit

Class format combines cardiovascular intensity with body sculpting integrated with balance and core stability. Facilitates increased strength, muscle mass, balance and endurance. Use of weights, tubes, steps and stability balls. Gym attire and athletic shoes required. Please bring a towel and water bottle and be ready to sweat!

Instructor: Leopold

Location: Yountville Community Center

Age: 18+

Time: 12:00pm - 1:00pm

Day: Mon. & Wed.

Dates: Sept. 10 - Oct. 17

Fee: \$88



NEW

## Afternoon Ballroom Dance

Learn to dance the beautiful ballroom dances like those seen on Dance with the Stars! In these classes, you will learn the steps, routines, lead and follow techniques that allow you to gain confidence and bring you the excitement of stepping out on the floor.

Swing: 9/11-10/2 Tuesdays

Foxtrot: 9/13-10/4 Thursdays

Rumba: 10/9-10/30 Tuesdays

Salsa: 11/6-12/4 Tuesdays

Instructor: Susan Gai

Location: Yountville Community Center

Age: 18+

Time: 2:00 - 3:00pm

Fee: \$70 per session

NEW!



## Tai Chi

Learn the ancient Chinese art of Tai Chi. Become familiar with your life energy (chi) and use it to enhance and empower your healthy, mind, and spirit.

The instructor has 26 years of experience teacher Tai Chi, Chi Gong, Yoga and Karate. Everyone is welcome! Wear loose, comfortable clothes and shoes. The technique is more effective on an empty stomach.

Instructor: Whittaker

Location: Yountville Community Center

Age: 18+

Time: 4:00pm-5:30pm

Day: Mondays & Wednesdays

Dates: Sept. 19 - Nov. 28

Fee: \$85

## Painting on Silk for Teens and Adult

Painting on silk is a great first time art experience. It doesn't require previous knowledge and working with vibrant colors and thirsty silk will capture your image.

Instructor: Hays

Location: Yountville Community Center

Age: 13+

Time: 9:00am - 3:00pm

Day: Saturday

Dates: Nov. 10 & Nov. 17

Fee: \$82

NEW!



## Community Conversation about Palliative Care

Palliative care is specialized medical care for individuals with serious illnesses with a focus on symptom management and quality of life whatever the diagnosis. In this 'Ask the Doctor' series you will learn about the principles and benefits of palliative care and what services are available to the Napa community. Presenting will be Frank Mueller, MD, family practitioner and certified specialist in palliative medicine. Offered in partnership with Hospice of Napa County.

**Instructor:** Frank Mueller, MD  
**Location:** Yountville Community Center  
**Age:** 18+  
**Time:** 6:15pm - 7:15pm  
**Day:** Thursday, September 13  
**Fee:** Free



## Fall Prevention

### September is National Fall Prevention Awareness Month

Free information sessions will be held throughout Napa Valley the week of September 17-21st.

Learn about the major risk factors for falls and how you can decrease your risk!

Learn what services are available to help keep you safe within your home and community.

No matter how active you are, **EVERYONE should know what to do to stay healthy and safe!**

**Instructor:** Mary Allen  
**Location:** Yountville Community Center  
**Age:** 18+  
**Time:** 10am - 12pm  
**Day:** Tuesday, September 18  
**Fee:** Free

## MEDITATION & LIFE BALANCE

### In a Busy World



How would your life change if you were to deeply commit to dedicating moments of each day to remembering what truly matters to you? This class is perfect for those seeking inspiration, practical tools and a "touchstone" for self-nurturance. Each class will begin with a gently guided meditation period, using the breath or body as an anchor for our non-judgmental awareness, followed by reflective and clarifying exercises that support living our daily lives in accordance with our deepest values. Please bring a cushion or small pillow (for back support), blanket and notepad/journal.

**Instructor:** Lori Stelling, CPCC/Life Coach  
**Location:** Yountville Community Center  
**Age:** 18+  
**Time:** 6:30pm - 7:45pm  
**Day:** Thursdays Oct. 18 - Nov. 8  
**Course Fee:** \$40 Res./\$45 Non-Res.  
 \$12 Drop-In

## Holiday Nurturance: A Life Balance Workshop for Women

You are invited to join a circle of women taking time during this busy holiday season to remember and honor our own self-nurturance. The morning will include guided meditation, reflective journaling, poetry, and experiential exercises that help us explore what we truly value, the places where we forget our own self-care, and the practical tools that may help support us as women - mothers, daughters, sisters, grandmothers, partners, wives... - during this busy holiday season. Please bring a notepad/journal, blanket and, if you wish, a short piece of poetry (your own or a favorite) to share.

**Instructor:** Lori Stelling, CPCC/Life Coach  
**Location:** Yountville Community Center  
**Age:** 18+  
**Time:** 9:30am - 11:30am  
**Day:** Saturday, Dec. 1  
**Fee:** \$25/\$20 Res. Discount

October 5, 6 & 7

Friday, Oct. 5

## Movie Night

6pm Dinner  
Movie at Dusk



Sponsored by  
Yountville  
Elementary PTA



Saturday, Oct. 6

Chili Cook Off  
11am - 3pm  
Yountville Park  
Chili & Salsa Tasting,  
Wine & Beer, and Live  
Music!

Sunday, Oct. 7

## Parade & Festival

"Yountville - A Day in the Sun"

Festival begins 11am - Yountville Park  
Parade begins 12pm - Veterans Home  
Honoring Sharon Stensas as Grand Marshall

Food, Beer & Wine, Booths, Raffle &  
The Time Bandits!

Log on to

[www.townofyountville.com/yountvilledays](http://www.townofyountville.com/yountvilledays)  
for more information.



# Yountville Kick-Off Party

Wednesday, November 7th

4:30 - 6pm

Yountville Community Center

## NAPA VALLEY FILM FESTIVAL

WWW.NAPAVALLEYFILMFEST.ORG

Join us to walk the red carpet, be photographed by paparazzi and enjoy wine & food before the first film of the Napa Valley Film Festival premieres in Yountville! This event is open to the public.

### How would you like to attend the 2012 Film Festival for FREE?

### Enter to win 2 Festival Passes at

[www.townofyountville.com/filmfestgiveaway](http://www.townofyountville.com/filmfestgiveaway)

## Winner will be announced on September 20th!

Giveaway sponsored by the Napa Valley Film Festival & the



### Intermediate Tennis for Adults



This intermediate class will introduce students to competition while learning to put spin and placement on the ball. Please bring a racket if you have one. The instructor has a limited supply for class.

Location:	Vineyard Park Tennis Courts	Instructor:	Stephane Lawrence
Time:	9:00 - 10:00am	Day:	Saturday
Ages:	18+	Fee:	\$60/\$52 Resident Discount
Session 1:	Sept. 8 - Sept. 29	Session 2:	Oct. 6 - Oct. 27
Session 3:	Nov. 3 - Dec. 1* (No Class 11/24)		

## SAVE THE DATE

### Yountville School Foundation



## Texas Hold 'Em Poker Tournament

October 19th - Yountville Community Center

Log on to [www.fundyountville.com](http://www.fundyountville.com) for more information and to register.

### Free Composting Workshop

LEARN how to turn yardwaste and kitchen scraps into wonderfully rich compost to use as a soil amendment or mulch in your garden. DISCOVER the basics of backyard composting, worm composting and grasscycling. BECOME familiar with tools, techniques, and types of bins. BE INFORMED about GRASSCYCLING, the natural recycling of grass by leaving clippings on the lawn when mowing to release valuable nutrients back to the soil.

Complete the workshop and choose one of the following:

- \$20 Earth Machine Compost Bin
- \$20 Soil Saver Compost Bin
- \$30 Mail in Rebate towards a Worm Compost Bin
- \$30 Mail in Rebate towards a lawn mower retrofit
- \$30 Mail in rebate towards a mulching mower



September 29 ~ 9am-11am Yountville Community Center  
Register online at <http://compost.naparecycles.org/>

## Fencing

Fencing classes are available for new and continuing fencers. Learn all about this Olympic sport, make new friends and get a great work out. All standard gear is provided. Please note that there will be a \$5 materials fee payable the first night of class along with a one page form to be completed by parent/ guardian. \*This fee will be assessed once each season Aug. 2012 - Jul 2013. This will provide the student with a special membership with the United States Fencing Association and is required for participation in the sport.

**Instructor:** Jana Wick

**Location:** Yountville Community Center

**Age:** 7+

**Day:** Thursdays

**Time:** 7:00 pm - 8:00 pm

**Session 1:** Sept. 4- Sept. 25 \$60/\$52

**Session 2:** Oct. 2 - Oct. 23 \$60/\$52

**Session 3:** Oct. 30 - Nov. 27 \$60/\$52

**Session 4:** Dec. 4 & 11 \$30/\$26  
(Nov. 10 - No Class)

## Ballroom Dance

Susan Gai has been teaching dance for years and brings experience to the Yountville Community Center. This individualized class is open to all levels of experience. A routine of moves will be taught with rotation of partners to ensure everyone has a chance to dance. Partner not required.



**Instructor:** Susan Gai

**Location:** Yountville Community Center

**Age:** 16+

**Time:** 6:30 pm - 7:30 pm

**Day:** Wednesday

**Session 1:** Sept. 5 - Sept. 26

**Session 2:** Oct. 3 - Oct. 31 (no class 10/10)

**Session 3:** Nov. 7 - Nov. 28

**Session 4:** Dec. 5 - Dec. 19

**Fee:** \$46/ \$40 Resident Discount

## Zumba



Take the Zumba way to enjoy your exercise for the day! Zumba is the modern way to fit exercise into your daily life and to have fun doing it! Come and try the class, just one class and we know you'll want more!

**Instructor:** Alejandra Martin

**Location:** Yountville Community Center

**Age:** 16+

**Time:** 9:00am-10:00am

**Day:** Tuesday & Thursday

**Session 1:** Sept. 1 - Sept. 29

**Session 2:** Oct. 4 - Oct. 27

**Session 3:** Nov. 1 - Nov. 29  
(No class 11/8, 11/10 and 11/24)

**Session 4:** Dec. 3 - 21  
(no class 11/12 & 11/18 -11/23)

**Fee:** \$46/month/\$40 Resident Discount  
\$10/drop-in

## Yoga Flow

Melisa is a recognized yoga alliance teacher practicing for over 10 years. Offering an environment of peace while guiding students through a consistent flow of yoga poses. This class will also offer incredible stretching that will help balance and strengthen the core. All levels welcome.

**Instructor:** Melissa McArdle

**Age:** 18+

**Time:** 8:30am-9:30am

**Days:** Monday, Wednesday and Friday

**Session 1:** Sept. 5 - Sept. 28

**Session 2:** Oct. 1 - Oct. 31

**Session 3:** Nov. 2 - Nov. 30  
(no class 11/12 & 11/18 -11/23)

**Session 4:** Dec. 3 - 21

**Fee:** \$66 month/\$57 Res. Discount  
\$10/drop-in

# Yountville Kids Day & Wellness Fair

**Saturday, September 15th**  
**9am - 12pm**

### Free activities will include:

- Blood Pressure Checks
- Kids Games & Prizes
- Nutrition
- Tobacco Cessation
- Fitness Classes
- Home Safety
- Skin Care/Sun Care
- Stress Control
- First Aid Info
- Giveaways

### Pancake Breakfast

Come and support the Yountville Elementary School 5th Graders in raising money for their annual Outdoor Education Trip.

**8am-11am**

## New this year! 5K Fun Run/Walk

\$15 individual/\$25 Family

8:00am Start Time

Register at the Yountville Community Center or  
at Athletic Feat in Napa

Receive a pedometer and enter to win an IPAD!



**Athletic Feat  
Napa, CA**

For more information log on to [www.townofyountville.com](http://www.townofyountville.com)  
or call 944-8712

## Volunteers Needed for Yountville Days!

Call or log on today to find out more about our Volunteer Program.

944.8712 or [www.townofyountville.com/volunteer](http://www.townofyountville.com/volunteer)

## Little Hoopsters League



Children will learn the basics of basketball while meeting new friends. Pre-Registration parent participation are required. Please wear comfortable clothing, closed toed sneakers. Each player will be given a Little Hoopsters jersey. Registration deadline October 26. Sponsored by local Kiwanis Club of Yountville.



**Instructor:** Parks and Recreation Staff  
**Location:** Generations Room  
**Age:** 4 & 5 years  
**Time:** Saturday mornings, 9:00 - 9:45am  
**Dates:** Practices will begin in mid January

## Morning Buddies

Keep warm this fall with your little one and come enjoy your local gym. Start your morning with new friends "buddies" in your community, while mommies and daddies meet new friends too. Parent participation is required.



**Instructor:** Parks and Recreation Staff  
**Location:** Generation Room  
**Age:** Infant to 4yrs  
**Time:** Mondays & Wednesdays- 10:15am - 11:15am  
**Dates:** Begins January 14th  
**Fee:** \$5 drop in or \$30 season (January - April) per family/Free for Yountville Residents

## Little Kickers League

Children will learn the basics of soccer while meeting new friends. Pre-Registration and Parent participation are required. Please wear comfortable clothing, soccer cleats and t-shirt. Each player will be given a Little Kickers T-shirt.



**Instructor:** Parks and Recreation Staff  
**Location:** Yountville Community Center  
**Age:** 3 - 5 years  
**Time:** 10:15am - 11:00am  
**Dates:** Sundays, September 9 - 30  
**Fee:** \$56/ \$50 with Resident Discount

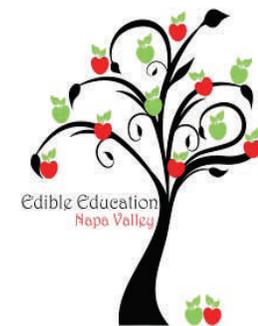
## Edible Education

### Farm to Table Cooking Series

Each week students will learn to prepare dishes from start to finish using local - seasonal foods. Working together in small groups, students learn new cooking techniques and tips on incorporating farm fresh, local foods into your lifestyle.

**Instructor:** Elizabeth Skylar  
**Location:** Yountville Community Center **Ages:** 18+

**Time:** 6:30pm - 8:30pm  
**Day:** Mondays  
**Fee:** \$58/\$50 with Resident Discount per class



#### September 17: From the ground up!

Working with seasonal produce, students will learn knife skills, and mise en place. We will discover local food sources, and how to stock a "green" kitchen.

#### October 8: Soups, salads and sauces.

How to create soups, sauces, and dressings from scratch. How to use salad ingredients with different flavor profiles to create a healthy meal.

#### October 22: Saute and Stir Fry

Sautéing is a basic cooking technique, essential to many recipes. Stir frying and sauteing are techniques that are similar, with different levels of heat and motion. Learn the proper techniques and mise en place for quickly preparing a healthy meal.

#### Nov 5: Grains and Greens

Everyone should add more whole grains to their diet, and this class we prepare one dish meals focusing on a variety of grains, pairing with seasonal greens and vegetables.

#### Nov 19: Roasting with Roots

Just in time for the holidays, learn how to prepare the perfect roast dishes. We will prepare the roast chicken, or pork tenderloin, with root vegetables. Roasting brings out the beautiful flavors of root vegetables, so plentiful in the winter.

#### Dec 3: Savory Pastries

Learn to prepare a variety of doughs, and use them to create savory pastry main dishes and appetizers.

*A native of Northern California, Elizabeth Skylar has been involved in the culinary arts for many years. She has participated in all aspects of the field, including restaurants, catering and specialty food retailing. While she continues to create events for private clients, her focus has now become Culinary Nutrition Education programs for children and families*

# UC Master Gardeners of Napa County

## FALL/WINTER VEGETABLE SERIES

Yountville Community Center

6:00pm - 8:00pm

\$29/ \$25 Residents for the entire series



September ~ Thursday, Sept. 20

Celebrating the never ending bounty

Extending the season for the fall and winter. Learning from your garden. Passing it on sharing what you've learned.

October ~ Thursday, Oct. 18

Success with Citrus

This workshop will discuss which Citrus are most successful on our Napa County Climate. We will also talk about care for Citrus such as watering, fertilizing, pruning and frost protection. Citrus are well suited for containers and there are some special tricks to keeping them healthy that will be included. Learn about citrus pests and disease and potential issues to watch out for. Get the most from your effort, have Success with your Citrus!

November ~ Thursday, Nov. 15

Fruit Tree Selection and Planting

At this Fruit Tree Workshops you will learn about considerations for choosing a deciduous fruit tree, how to plant a bare root tree, and appropriate fruit trees for Napa County climate and soil conditions. We will discuss the best places to plant trees and other factors to consider in your planning. Bare root trees are the easiest, most cost-effective means to having your own fruit trees. Bare root trees become available in December, so November is a good time to get informed, and plan for your new fruit trees. We hope you will pre-register to reserve your space in this class.



## Free Composting Workshop

September 29

Yountville Community Center

9am-11am

Register online at <http://compost.naparecycles.org/>

## Ballet/Tap ~ Pepperettes

Kellie and her staff provide ballet and tap dance instruction for ages 3-6. Celebrating 60 years with Pepperettes and with over 30 years of experience, Kellie is excited to be offering her services to the Yountville Community. Your child will be offered an opportunity to show off his/her skills at a special performance December 13, the Town Annual Tree Lighting and Chamber Mixer.



Instructor: Kellie Esser

Ages: 3 - 6

Time: 2:00pm - 2:40pm

Day: Wednesdays

Session 1: Sept. 5- Sept. 26

\$60/\$52

Session 2: Oct. 3 - Oct. 24

\$60/\$52

Session 3: Oct. 31 - Nov. 29\*

\$60/\$52

Session 4: Dec. 5 & 12

\$30/\$26

\* (Nov. 21- No class)

## Breakfast with the SANTA

Come have breakfast with me!



Sunday, December 2 ~ 8:00am - 10:30am

Yountville Community Center

Pancakes, eggs, sausage and beverage included

\$7/Adult, \$5/Youth (5th grade and younger)

All proceeds will benefit the Yountville Youth Subsidy Fund

# Activity Boost Zone for Kids



## Karate

Nick Crist is an enthusiastic instructor with great knowledge of Karate techniques. He engages the students and assists them in building confidence and earning their belts.

**Instructor:** Nick Crist  
**Ages:** 5+  
**Time:** 5:15 pm - 6:00 pm  
**Day:** Thursday  
**Session 1:** Sept. 6- Sept. 27 \$60/\$52  
**Session 2:** Oct. 4 - Oct. 25 \$60/\$52  
**Session 3:** Nov. 1 - Nov. 29 \$60/\$52  
**Session 4:** Dec. 6 & 13 \$30/\$26  
 (Nov. 22 - No class)

## Baton Twirling

**NEW!**

Lean basic baton twirling skills and combinations with advance baton twirling instructors. Students committed to the first and second session can show off their skills in our upcoming Yountville Days Parade on October 7.



**Instructor:** Kellie Esser  
**Location:** Yountville Community Center  
**Age:** 6 +  
**Day:** Wednesday  
**Time:** 2:40pm - 3:20pm  
**Session 1:** Sept. 5- Sept. 26 \$60/\$52  
**Session 2:** Oct. 3 - Oct. 24 \$60/\$52  
**Session 3:** Oct. 31 - Nov. 29 \$60/\$52  
**Session 4:** Dec. 5 & 12 \$30/\$26  
 (Nov. 21 - No class)



## Fencing

Youth Fencing classes are available for new and continuing fencers. Learn all about this Olympic sport, make new friends and get a great work out. All standard gear is provided. Please note that there will be a \$5 materials fee payable the first night of class along with a one page form to be completed by parent/ guardian. \*This fee will assessed once each season Aug. 2012 - Jul 2013. This will provide the student with a special membership with the United States Fencing Association and is required for participation in the sport.

**Instructor:** Jana Wick  
**Location:** Yountville Community Center  
**Age:** 7+  
**Day:** Tuesday  
**Time:** 4:00 pm - 5:00 pm  
**Session 1:** Sept. 4- Sept. 25 \$60/\$52  
**Session 2:** Oct. 2 - Oct. 23 \$60/\$52  
**Session 3:** Oct. 30 - Nov. 27 \$60/\$52  
**Session 4:** Dec. 4 & 11 \$30/\$26

## Ballet/Jazz



Kellie and her staff provide ballet and tap dance instruction for ages 7-12. With over 30 years of experience, Kellie is excited to be offering her services to the Yountville community.

**Instructor:** Kellie Esser  
**Location:** Yountville Community Center  
**Ages:** 7 - 12  
**Time:** 3:20 pm - 4:00pm  
**Day:** Wednesday  
**Session 1:** Sept. 5- Sept. 26 \$60/\$52  
**Session 2:** Oct. 3 - Oct. 24 \$60/\$52  
**Session 3:** Oct. 31 - Nov. 29 \$60/\$52  
**Session 4:** Dec. 5 & 12 \$30/\$26  
 (Nov. 21- No class)

## Edible Education

### Farm to Table Cooking Series

Students will learn basic cooking skills, how to make healthy food choices, and a sense of community by sharing a meal they have prepared. Menus will be crafted from local, seasonal, and sustainable food sourced from the growers, farmers, and ranchers of Napa Valley, and the surrounding agricultural community. Skills learned will be progressive throughout the 6 weeks of classes, each week building on the prior week's lessons.

**Instructor:** Elizabeth Skylar  
**Location:** Yountville Community Center  
**Age:** 11 - 17  
**Time:** 4:00 pm - 6:00 pm  
**Day:** Tuesdays  
**Session 1:** Sept. 11 - Oct. 16  
**Session 2:** Oct. 23 - Dec. 4 (No class 11/20)  
**Fee:** \$255/\$222 Resident Discount/session



**NEW!**



## FALL FENCING TOURNAMENT

October 20, 2012

**NEW**

## Voice Lessons

Private voice lessons are the key to singing with a powerful, beautiful voice. Let the amazing teachers from The Latimerlo Studio take you to the next level. Students will learn to sing using healthy physical technique, learn songs and work on performance techniques and gain confidence. Be sure to impress at your next audition, performance, talent show or karaoke night! A little shy? For first time students only, you can have one session of lessons with a buddy by registering at the buddy session price of \$228/\$198 per student.



**Instructor:** Gina Latimerlo  
**Ages:** 11+  
**Day:** Monday  
**Fee:** \$243/\$213 Res. Discount  
 \$228/\$198 Res. Discount  
 (Buddy session rate)

Sessions	Times
Session 1: Sept. 17—Oct. 8	4:00pm- 4:45pm
Session 2: Oct. 15 - Nov. 5	4:45pm- 5:30pm
Session 3: Nov. 12—Dec. 3	5:30pm- 6:15pm
	6:15pm- 7:00pm
	7:00pm- 7:45pm

# Upper Valley Youth Sports

## Youth Basketball

*Bringing the upper valley youth basketball leagues together through collaboration and cooperative spirit.*



**Grades 1st -8th**

**Jan. - Mar. 2013 ~ \$86/\$75**

Practices will be held locally unless registration requires team combination. Games will be held in Yountville, St. Helena and Calistoga and a league schedule will be provided to you on the first day of practice.

Registration Begins September 17th  
**DEADLINE October 26**

\$20 late fee will be charged for late registration.

### Yountville Camp Out & Movie in the Park

**Friday, August 24**



**Movie:** Dolphin Tale  
**Time:** 6:00pm - 9:00am  
Movie begins at dusk  
**Location:** Yountville Community Park

Anyone 17 & under must be accompanied by responsible adult.

Bring a tent or sleep under the stars.

**No pets or trailers please**

### Town of Yountville Volunteer Program

Call or log on today to find out more about our Volunteer Program.

944.8712 or [www.townofyountville.com/volunteer](http://www.townofyountville.com/volunteer)

### Color Your World



Join our newest instructor James to "Color Your World"! Explore a new medium of art each month in this hands on and educational class. All supplies are provided!

**Session 1 - Cartooning:** Do you love cartoons? Silly cartoons or even heroes? Ever wish you could make your own? Come and enjoy a fun time learning to create your very own comics!  
**Session 2 - Illustration:** Join us for a month of illustration where you will learn to improve your skills at drawing. We will learn about shading, realism and the use of different mediums such as charcoal, pen and pencil!  
**Session 3 - Painting:** Do you love Color? Come spend some time creating amazing works of art painting! from finger painting and water colors to acrylics, come and discover yours skills at artistic creation!

**Instructor:** James Landis      **Ages:** 6+      **Day:** Thursdays  
**Session 1:** Sept. 6- Sept. 27      \$60/\$52  
**Session 2:** Oct. 4 - Oct. 25      \$60/\$52  
**Session 3:** Nov. 1 - Nov. 29      \$60/\$52 (Nov. 22 - No Class)  
**Session 4:** Dec. 6 & 13      \$29/\$26



### TENNIS for YOUTH & TEENS



This class is for new tennis players who want to learn the four basic strokes of tennis; the forehand, backhand, serve and volley. Rules and equipment will also be covered along with fun drills and games. The intermediate class will introduce the students to competition, learning to put spin and placement on the ball. Please bring a racket if you have one. The instructor has a limited supply for class.

**Location:** Vineyard Park Tennis Courts      **Instructor:** Stephanie Lawrence  
**Time:** 4:00pm - 5:00pm      **Day:** Monday  
**Ages:** 7+      **Fee:** \$60/\$52 Resident Discount  
**Session 1:** Sept. 10 - Oct. 1      **Session 2:** Oct. 8 - Oct. 29      **Session 3:** Nov. 5 - Dec. 3

### Voice Lessons



Private voice lessons are the key to singing with a powerful, beautiful voice. Let the amazing teachers from The Latimerlo Studio take you to the next level. Students will learn to sing using healthy physical technique, learn songs and work on performance techniques and gain confidence. Be sure to impress at your next audition, performance, talent show or karaoke night!

(A little shy? For first time students only, you can have one session of lessons with a buddy by registering for the Buddy Session at a discounted price of \$228/\$198 per student.

**Instructor:** Gina Latimerlo  
**Ages:** 9+  
**Day:** Monday  
**Fee:** \$243/\$213 Res. Discount  
or **Buddy Price** \$228/\$198 Res.

Sessions	Times
Session 1: Sept. 17—Oct. 8	4:00pm- 4:45pm
Session 2: Oct. 15 - Nov. 5	4:45pm- 5:30pm
Session 3: Nov. 12—Dec. 3	5:30pm- 6:15pm
	6:15pm- 7:00pm
	7:00pm- 7:45pm



# Active After School



Active Minds - Active Bodies

**New this year:**

**HOMWORK CLUB**

Brought to you by a partnership between Yountville Elementary School and the Town of Yountville, Homework Club serves students after school until 4pm Monday - Thursday with the main goal of homework assistance and completion. For one low monthly fee, students will receive a snack, homework help and completion, extra activities like sports, crafts and computer lab time.

**BUT WHAT IF I NEED FULL TIME CARE?**

We are still offering Full Time Care, Monday-Friday after school until 5:30pm. For a reasonable additional fee, you can enroll Full Time and still receive the valuable benefits of homework club with extended day options like arts, crafts, group games, sports and classes. We also offer a kinder option where your child is picked up at the kinder release time and can stay until either 4pm or 5:30pm based on what choice you register for.

**AD ON SPECIALTY CLASSES**

Is your child interested in taking an art class? How about ballet or fencing? What about being a part of our basketball league? Well, we are making it easier than ever to coordinate all of those extra activities. Sign up for all at one time and **WE** provide the transportation to and \* from\* the specialty class. Billing will occur monthly.

	Aug.	Sept.	Oct.	Nov.	Dec.
<b>1st—6th GRADE</b>	<b>Homework Club</b>				
	Monday-Thursday until 4pm				
	\$100	\$150	\$150	\$120	\$80
<b>Full Time Care</b>	Monday-Friday until 5:30pm				
	\$208	\$240	\$304	\$256	\$160
<b>Full Time Care</b>	Monday-Friday until 5:30pm				
	\$60	\$90	\$90	\$72	\$48
<b>Kindergarten</b>	<b>Kinder Hour</b>				
	Monday-Friday until 2:30 release time.				
	\$78	\$114	\$138	\$166	\$60
	<b>Kinder-hour + Homework Club</b>				
Monday-Thursday until 4pm					
\$160	\$240	\$304	\$192	\$128	
<b>Full Time Care</b>					
Monday-Friday until 5:30pm					
\$286	\$418	\$506	\$352	\$220	

**Fun Clubs**

Join us for arts, crafts, cooking, games, park visits, and more! Fun Club meets on Non-School Days such as teacher in service or furlough days. You must pre-register for Fun Clubs. The fee is not included in Monthly After School Program Fees.



**Location:** Yountville Elementary School  
**Grades:** K - 6th  
**Time:** 7:30am - 5:30pm  
**Dates:** November 19, 20 and 21  
**Fee:** 3 Days- \$121/ \$105 with Resident Discount  
 Drop In- \$46/ \$40 with Resident Discount

**Winter Camp**

Join us for arts, crafts, cooking, games, and more! Winter Camp will take place on the Yountville Elementary School campus. You must pre-register for Winter Camps. The fee is not included in Monthly After School Program Fees.



**Location:** Yountville Elementary School  
**Grades:** K - 6th  
**Time:** 7:30am - 5:30pm  
**Session 1:** December 17 - 21  
**Session 2:** December 26 - 28  
**Session 3:** January 2 - 4  
**Fee:** 5 Days- \$167/ \$145 with Resident Discount  
 3 Days- \$121/ \$105 with Resident Discount  
 Drop In- \$46/ \$40 with Resident Discount per day

**Upper Valley Youth Sports**

**Youth Basketball League**

Bringing the upper valley youth basketball leagues together through collaboration and cooperative spirit.

**Grades 1st -8th**

**Jan. — Mar. 2013 ~ \$86/\$75**

Practices will be held locally unless registration requires team combination. Games will be held in Yountville, St. Helena and Calistoga and a league schedule will be provided to you on the first day of practice.

Your registration fee includes a team jersey and award.

Registration begins September 17. Deadline to register is October 26.

Late registrations will be accepted with an additional \$20 fee.