

# Parks & Recreation Staff

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*We Create Community Through  
People, Parks and Programs*



## 2010 January Recreation, Leisure and Activity Guide



Visit our website at  
**[www.townofyountville.com](http://www.townofyountville.com)**  
for more information or for a  
registration form.



### Ballroom Dance

Wednesday Evenings

Swing Dance - 6:30 - 7:25 pm

Foxtrot - 7:30 - 8:25 pm

January 13, 20, 27

\$39 / 3 sessions or \$18 / drop-in

Discussion and introduction of ballroom dance histories. Instructor will provide presentation and breakdown of steps, while applying steps to music with individual attention.

Instructor: Susan Gai

### Brain Gym for Adults / Seniors

Tuesday Mornings

10:00 - 11:00 am

January 19 thru March 23

\$80 / 10 Sessions



Thursday Mornings

10:00 - 11:00 am

January 21 thru March 25

\$80 / 10 sessions

Interested in maintaining brain health? Concerned about your memory? Well this class will help with both of those and much more.

Instructor: Rebekah Stoltz



### Brush Strokes for all Folks

Tuesday Afternoons for Youth

3:00 - 4:00 pm

January 12, 19, 26

\$30/ 3 sessions or \$18 / drop-in

Art for Adults & Seniors

Thursday Evenings - 6:00 - 7:30 pm

January 14, 21, 28

\$30 / 3 sessions or \$18/ drop-in

Friday Mornings - 10:00 - 11:30 am

January 15, 22, 29

\$30 / 3 sessions or \$18 / Drop-in

This class is for each individual to be able to express themselves through the magic of watercolor. The class will cover the fundamental concepts and skills of watercolor painting.

Instructor: Jodi Snider

### Cut & Paste Art Adventure

for Kids - 6 - 10 yrs.

Saturday Afternoons

12:00 - 2:00 pm

January 30 & February 6 & 13

\$88 for 3, two hour sessions & materials

This class will teach you how to paint and draw from pictures and you imagination, then cut out and paste these images into a large, energetic creation!

Instructor: Brendan Liston



### Fencing for All Ages

Thursday Evenings

7:00 - 8:30 pm

January 14, 21, 28

\$36 / 3 sessions or \$15 / drop-in

Instructor: Jana Wick / Richard Chang

### Fun with Art for All Ages

Friday Evenings

4:00 - 5:00 pm (6-8 yrs)

January 22, 29 & February 5

\$39 / 3 sessions or \$18 / drop-in

Students will experiment with different art mediums including clay, paint and drawing using different drawing utensils from pencil to oil and chalk pastel.

Instructor: Jennifer Leahy



### Little Hoopsters

Kindergarten kids

Registration Deadline is January 15th

Visit the website for registration and more information

### Meditation

Tuesday Evenings

7:00 pm - 8:30 pm

January 19, 26

\$9 / 2 sessions or \$8 / drop-in

The focus of this class is how to achieve happiness in our lives. The course is a very practical series of meditations to focus on our goals and how to recognize and overcome obstacles to those goals.

Instructor: Michael Smith





### Pepperettes Dance & Tap

Wednesday Afternoons

2:00 - 2:40 pm / 3 to 4 yrs

2:40 - 3:20 pm / 5 to 6 yrs

3:20 - 4:00 pm / 7 to 8 yrs

January 20 thru February 24

\$63 / 6 sessions or \$18 / drop-in

By popular demand one of Napa's finest dance academies for youth is coming to Yountville.

Instructor: Kelly Esser

### Tango

Monday Evenings

7:00 pm - 8:45 pm

January 11, 18, 25

\$39/ 3 sessions or \$18/ drop-in



This class will focus on connection with your partner, walking and keeping your center. Argentine Tango moves will enhance the students with knowledge of a world known type of dance.

Instructor: Michael Tallant



### Teen Art

Wednesday Evenings

5:00 pm - 6:30 pm

January 27 thru February 24

\$63 / 5 sessions or \$18/ Drop-in

Instructor: Linda Rowland

### Travel Sketching

Monday Afternoons

4:30 pm - 5:30 pm

January 25 thru February 22

\$51 / 5 sessions or \$18 / drop-in

Instructor: Linda Rowland



### Table Top Totems

Saturday Mornings

9:30 am - 11:30 am

January 30 & February 6 & 13

\$93 / 3 sessions & materials

Make a table-top totem from balsa wood. The totem you make in this class will be assembled and painted.

Instructor: Brendan Liston

### Zumba

#### Tuesday & Thursday Mornings

9:00 am - 10:00 am

January 19, 21, 26, 28

\$39 / 4 sessions or \$13 / drop-in



#### Thursday Evenings

6:30 pm - 7:30 pm

January 21, 28

\$21 / 2 sessions or \$13/drop-in

Zumba classes are set to Latin and international music. Choreography is created so that it varies from high to low levels of intensity and is comprised of steps that are easy for any beginner to catch on .

### Community Center Clubs

Are you interested in a Lego club, reading club, cards club, playing scrabble, putting together puzzles or any other clubs? Please call 707-944-8712 and let us know your interests. For scrabble club please, call Herb at 944-1930



### North Bay Idol Performance

#### Preparation Classes

Pre-Audition Training Schedule

January 11, 18, 25 & February 1

4:30 pm - 6:30 pm

\$140.00 / 4 sessions

Participants are videotaped. Contest entry is Optional.

North Bay Idol 2010 Auditions: February 5, 6,7 (Location TBA)

February 8, 15, 22 & March 1 & 8

4:30 pm - 6:30 pm

\$165.00

For more information and to enroll call: 707-938-7276

Or visit [www.northbayidol.com](http://www.northbayidol.com)



### Napa Valley Adult Education

#### Classes

#### Acting: Readers' Theater

Monday Evenings

7:30 pm - 9:00 pm

January 25 - April 19 (no class 2/15, 3/29 and 4/5)

\$78.00 for 10 weeks

Participate as a character in an exciting new Readers' Theater class. Read and interpret plays ranging from traditional to contemporary. Class discussion will include the elements of a play and motivation of character.



#### Low Impact Strength and Balance

Monday Afternoons

1:00 - 2:00 pm

January 25 thru May 10 (no class 2/15, 3/29 and 4/5)

\$68/ 13 week session

Warm-up and movements especially designed for Improvement of balance, strength and fall prevention.

#### Sewing by Design

Wednesday Afternoons

2:30 pm - 5:30 pm

January 27 - March 3

\$48 for 3 weeks



Here is a chance to develop your creative skills and define your style through Fashion Design and Interior Design sewing. Learn professional sewing techniques and tricks of the trade. Students will work on their interests. Call 944-8712 for a materials list. Must bring own sewing machine.



#### Torched Beads: Beginning

Wednesday Evenings

7:30 - 9:00 pm

February 24 - April 21

(no class on 3/31)

\$73 for 8 weeks

\$80 Material fee paid to instructor

Have you seen glass beads being created with a torch? Come in and learn to create your own unique beads to be added to your existing beaded projects.

### Napa Valley Adult Education for Older Adults

#### Free Classes

Annual \$28 student fee applies to non-fee classes.

These classes are ongoing.

#### Alternative Mixed Media Painting

Wednesday Mornings

9:30 am - 12:30 pm

January 13, 20, 27

FREE



Come explore the possibilities with watercolor or acrylic paints on alternative surfaces such as card stock, fabric and wood as well as conventional surfaces such as canvas and watercolor paper.



#### Beginning Spanish Language &

##### Culture for Seniors

Wednesday Mornings

10:00 am - 11:30 am

January 13, 20, 27

FREE

Learn vocabulary, culture, songs, games, recipes & activities of Spanish speaking countries. Great for travelers and those wishing to converse with friends, neighbors and co-workers.



Start off your new year with a new activity.

The Yountville Parks and Recreation Department is excited to offer a new variety of leisure classes and programs at the new Community Center for all to enjoy.

We Create Community through People, Parks & Programs