



MEDIA RELEASE

FOR IMMEDIATE RELEASE

Date: August 31, 2017

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Subject: Hot Weather Event Beginning August 31, 2017 for Extended Period

Higher than normal temperatures are expected over Labor Day weekend, beginning Thursday August 31, 2017 and ongoing through next week. The National Weather Service has issued a heat advisory and excessive heat warning and is forecasting temperatures to exceed 100 degrees during this time with no exact timing for duration. The Town of Yountville's Community Center will be open during the following times to offer a place to cool off. The Community Center is located at 6516 Washington Street. Please check with the front desk to verify the exact room location.

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| Thursday, August 31, 2017: | 8:00 a.m. – 9:00 p.m. |
| Friday, September 1, 2017: | 8:00 a.m. – 5:00 p.m. |
| Saturday, September 2, 2017: | 8:00 a.m. – 5:30 p.m. |
| Sunday, September 3, 2017: | 9:00 a.m. – 7:00 p.m. (Added Hours for cooling) |
| Monday, September 4, 2017: | 12:00 p.m. – 7:00 p.m. (Added Hours for cooling) |

Residents may also take advantage of the Yountville Community Pool, which will be open for community recreation swim on Saturday, September 2 (12:00 p.m. – 4:00 p.m.), Sunday, September 3 (12:00 p.m. – 6:00 p.m. for Residents) and Monday, September 4 (12:00 p.m. - 4:00 p.m.).

The Town of Yountville will open an official Emergency Cooling Center should conditions change, including in the event of a power outage.

Residents should look towards the Town's Website (www.townofyountville.com), Nextdoor Yountville, The Town's Official Facebook Page (Town of Yountville-Local Government) and Nixle alerts for up to date information. To sign up for Nixle alerts, residents can text 888777 with the 94599 zip code in the body of the text.

How to Prepare for Periods of Hot Weather:

Stay Cool

- Stay out of the sun, limit outdoor activity and physical exertion
- Seek out air-conditioned buildings
- Wear light-colored, loose-fitting clothing and wide-brimmed hats when outdoors
- Lower body temperature by using cold compresses, misting and taking cool showers, baths or sponge baths.

Stay Hydrated

- Drink plenty of water
- Avoid alcohol, caffeine and sugary drinks as these can promote dehydration
- Eat light meals

Stay Informed

- Visit the [Public Health Division website](#) for more tips to prevent heat related illness
- Keep your friends, family and neighbors aware of heat safety

Seek Medical Attention for Heat Exhaustion

Be alert to the following symptoms of heat exhaustion and to seek medical attention for:

- Profuse sweating and muscle cramping
- Body temperature of 105 with hot, dry skin
- Confusion or unconsciousness

Protect Your Pets

Be aware that pets are also vulnerable to high heat. Pet owners are reminded to:

- Never leave pets in a car
- Be alert for any sign of heat stress, including heavy panting, glazed eyes, a rapid pulse, unsteadiness, a staggering gait, vomiting and deep red or purple tongue
- Offer a cool place to rest
- Call animal control or police immediately if you see an animal in distress in a car
- If you think your pet is experiencing heat stress consult a veterinarian immediately for evaluation.

END